

WELCOME!

A Word From Our Funder • Division of Developmental & Intellectual Disabilities • Human Development • Project Reflection Institute

COME TOGETHER & CONNECT



Actively Listen & LEARN FROM ONE ANOTHER



GROWING INCLUSIVITY



INCREASED DISABILITY AWARENESS

We HAVE ACCOMPLISHED SO MUCH



BUILDING CAPACITY THROUGHOUT KENTUCKY



FIND WAYS TO CONTINUE THE MOMENTUM

Keep up our GREAT WORK



ADDRESSING INEQUITY

TO IMPROVE HEALTH ACCESS FOR FOLKS WITH DISABILITIES



UNIVERSAL DESIGN FOR INCREASED INCLUSION & ACCESS



ADVISORY GROUPS



UNIVERSAL EDUCATIONAL RESOURCES

• ESTABLISH • EDUCATE • EMPOWER •



University of Kentucky Extension

FIT BLUE APP



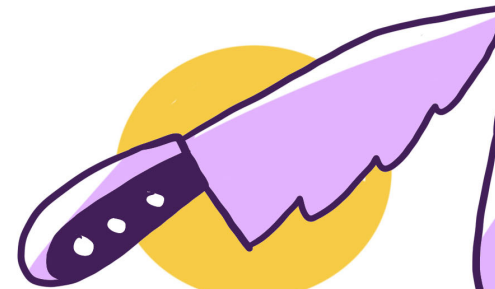
- ✓ NUTRITION LOG
- ✓ FARMERS MARKET LOCATOR
- ✓ FOOD BANK LOCATOR
- ✓ EXERCISE FOR EVERYONE

AGENT TRAINING
ON UNIVERSAL DESIGN



Adaptive Kitchen Equipment Demo

ADAPTIVE TOOL KIT



SERRATED KNIFE

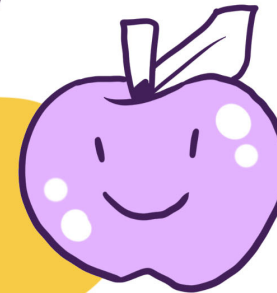


FINGER GUARD



COLOR-CODED MEASURING CUPS

AVAILABLE
IN EVERY
COUNTY



HEALTHY
RECIPES

↳ ILLUSTRATED!



ImageThink

American Heart Association: Healthy for Life

UNIVERSAL DESIGN OF EDUCATIONAL ENCOUNTERS



Special Olympics Kentucky



INCREASE
SELF
ADVOCACY

IMPROVING
HEALTHY
LIFESTYLES

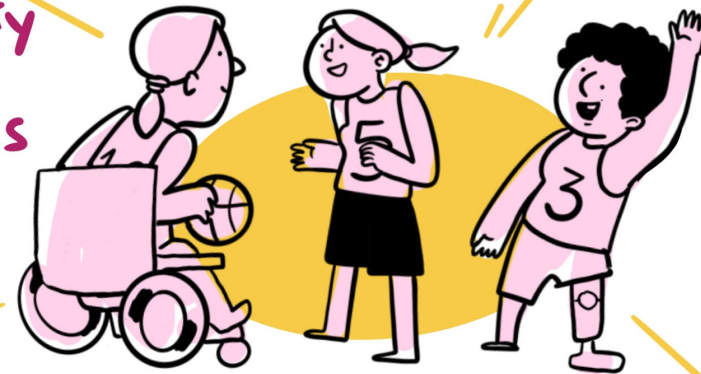


WELLNESS
WEDNESDAYS



VIRTUAL
HEALTH
PLANNING

COMMUNITY
FOR SELF
ADVOCATES
STAYING
CONNECTED



SMART
GOALS
TO STAY
ON TRACK

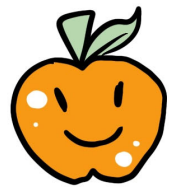


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Bingocize!



EVIDENCE-BASED
HEALTH PROMOTION
PROGRAM



NUTRITION



FALL
PREVENTION

EDUCATIONAL
QUIZZES



PHYSICAL
EXERCISES
& VIDEO DEMOS



Adaptive Martial Arts Association



RESOURCES
FOR SUPPORTING
PEOPLE WITH
DISABILITIES



LEADER OF
INFORMATION
FOR INSTRUCTORS
& ACADEMIES



101 ADAPTABILITY
ACCREDITATION
PROGRAM

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Paris Bourbon County YMCA



COMMUNITY CONVERSATION PROGRAM



IDENTIFIED THE NEED

A WELL DEVELOPED INFRASTRUCTURE

INCREASED EXERCISE ACCESSIBILITY



VIRTUAL PROGRAMMING

ON A STATE-WIDE LEVEL



Women's Health

FEDERALLY FUNDED

FREE/LOW COST BREAST & CERVICAL CANCER SCREENINGS FOR KENTUCKIANS



ELIGIBILITY

- 21 & OLDER
- NO HEALTH INSURANCE
- INCOME LEVEL

ADDRESS BARRIERS



TO CANCER SCREENINGS FOR WOMEN WITH DISABILITIES IN KENTUCKY

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Inclusive Health Discussion



NEWLY TRAINED
DIETICIANS
ACROSS THE STATE
↳ OVER 200!

WHAT CAN YOU TAKE FORWARD?



BINGOCIZE



FITBLUE APP



**GRAPHIC
RECIPES**



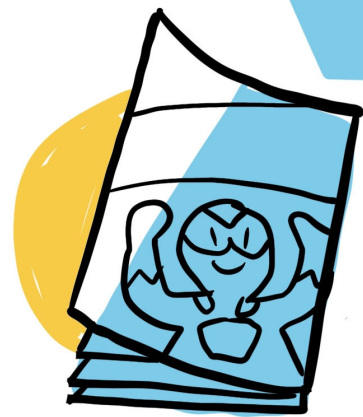
**PARTNERSHIPS
& RELATIONSHIPS**



**INCLUSIVE MEETING
PROGRAMMING**
(VISUAL DESCRIPTIONS,
CLOSED CAPTIONING)



COMMUNITY
PARTNERSHIPS
BUOYED WITH
EDUCATIONAL
VIDEOS



COMICS ON THE
DIMENSIONS
OF WELLNESS



ENVIRONMENTAL



FINANCIAL



SPIRITUAL



PHYSICAL



REACHING
NEW PEOPLE

VIA HEALTH
MATTERS PROGRAM
& TELEHEALTH



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This production/publication was supported by the Grant or Cooperative Agreement Number DD000010, funded by the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services.