

WHERE IS THE NEED?

- **Advocate** for the inclusive health needs of the 33.2% of Kentuckians that have some type of disability.
- **Educate** community members about the accessibility of established healthy resources.
- **Communicate** what inclusive health looks like through networking events.
- **Collaborate** with local partners to provide inclusive opportunities.



COMMUNITY CONVERSATION FOR HEALTH IN JEFFERSON COUNTY



NEXT STEPS TOWARDS INCLUSIVE HEALTH

- **Engage** all community members through participation in local inclusive CHEER events.
- **Educate** the public about already established and local resources through food demonstrations.
- **Encourage** on-going collaboration between local partners for inclusive health.

GET INVOLVED

Project CHEER is a Centers for Disease Control Disability & Health Branch funded effort aimed at addressing the startling health disparities experienced by individuals with varying limitations through education, empowerment, and accessibility.

GET INVOLVED BY **COMMITTING TO CHEER** & BECOMING A CHAMPION FOR FURTHERING THESE EFFORTS IN YOUR COMMUNITY. **READY TO GET STARTED?** SEND US AN EMAIL TO WELLNESS4KY@UKY.EDU

www.wellness4ky.org ||  [wellness4ky](https://www.facebook.com/wellness4ky)

