

Community Conversation for Health in Pulaski County



WHAT WE HEARD...

After hosting an inclusive health community conversation at Somerset Community College, we learned a lot about the wants and needs of the community. We listened to what the people of Pulaski county want to see happen within their communities to make them more inclusive for people of all abilities. Conversation participants want...

“Making parks, sidewalks, and walking paths more accessible”

“More adaptive sports and group activities for all abilities”
“Need for affordable workout facilities that meet ADA regulations”
“Local festivals need to be more inclusive”

“Inclusive health initiative programs in the community that are ongoing events, not just one and done”

“Make local transportation more accessible”
“Defeat the stigmas and stereotypes about disability that exist through educating community members”
“Gain support via local stakeholders in the community”

“More housing for those with disabilities (ADA certified)”

“Make all buildings up to ADA standards, even those ‘grandfathered’ in”
“More advertisement for the ongoing events and initiatives in the community”
“Community campaign for health and more local health fairs”

“True inclusion, more together not separate”

Based on the Community Coalition Action Theory and the request we heard in the community for continued efforts, our next steps and ideas include...

- “Develop a local coalition to keep the momentum going”
- Inclusive HealthMatters program offered in community settings
- Disability awareness day
- Host a Miss Abilities pageant
- Inclusive 5k walk/ run with booths and events to help raise awareness

We need YOU to commit to CHEER! By committing to CHEER you agree to help your community become more inclusive and by following the guidelines and being an active community member. If you would like to become CHEER certified, fill out the form online at wellness4ky.org.