

# CHEER

Community Health Education & Exercise Resources



## Building Partnerships

Connecting health professionals, self-advocates, and local communities to work together for inclusive health



## Inclusive Strategies

Using universal design to broaden accessibility for all



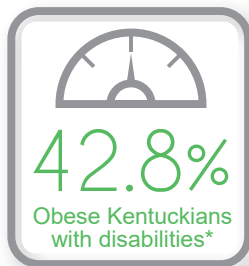
## Resource Development

Providing support for successful inclusion through how-to videos, training, advocacy, and more!

Project CHEER addresses the startling health disparities experienced by individuals with cognitive and mobility limitations through education, empowerment, and accessibility. CHEER develops collaborations at local and state levels focused on creating healthy resources and health programming inclusive of individuals with disabilities.

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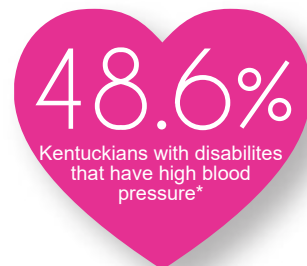
Community Health Education & Exercise Resources



Check out our website for resources and further information,  
<http://www.wellness4ky.org/project-cheer/>



Adults in Kentucky have  
some type of disability\*



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