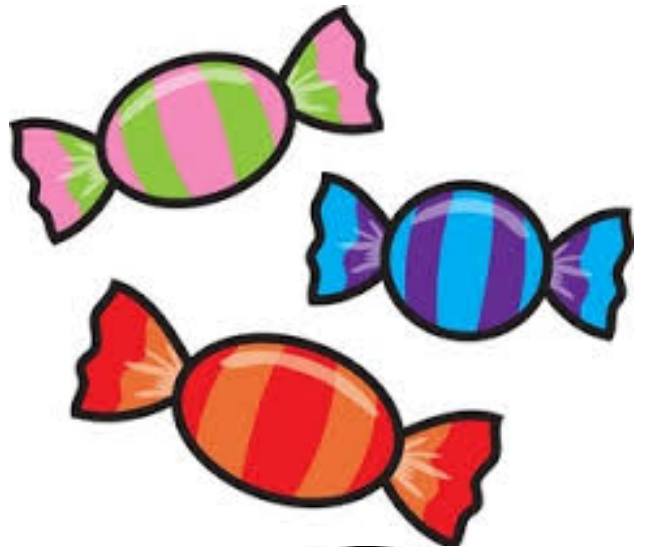


## Want vs. Need Activity

Instructions: Print and cut out the images below. Mix the images up and spread them out on a table so all of the images can be seen. On a poster, chalkboard, whiteboard, etc. make two columns titling one column as “Wants” and one column as “Needs”. Have the individuals go through every image deciding which column they think it belongs in and place the image in that column. After all images have been placed in a column, talk through each image and explain why individuals think they are wants or needs and make any corrections necessary. Some images are open to discussion and interpretation so keep the conversation open and entertain all opinions.





LOVE

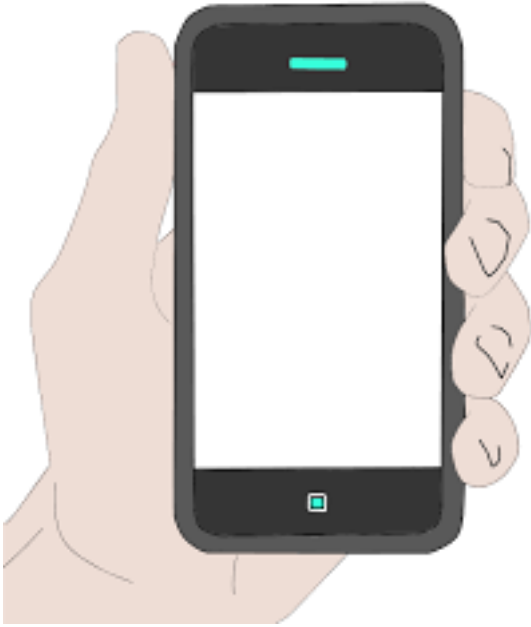


AIR

SAFETY

SELF  
ESTEEM













## Key:

- Needs
  - Fruit
  - Shoes
  - Water
  - House
  - Family
  - Love
  - Clothes
  - Air
  - Safety
  - Self-Esteem
  - Food with protein/fiber
  - Trees
  - Bed
  - Physical Activity → explain that, yes, it is possible to live without doing physical activity but in order to live the healthiest life possible physical activity is a necessity
- Wants
  - Candy
  - Car
  - Phone
  - Chocolate
  - Dog
  - Bike
  - Laptop
  - Travel
  - Shopping
  - Jewelry
  - Basketball
  - TV