

Yoga

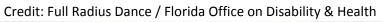
Image credit: Florida Office on Disability & Health



Lifting Weights









Dancing



Skateboarding



Resistance Band



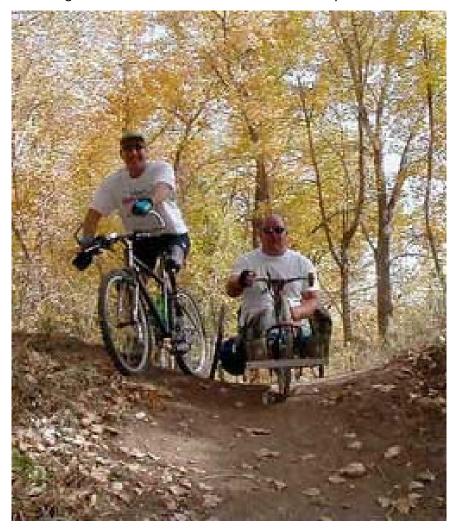
Playing Catch



Walking or Jogging



Image credit: NCPAD & Florida Office on Disability & Health



Playing Basketball

Bicycling