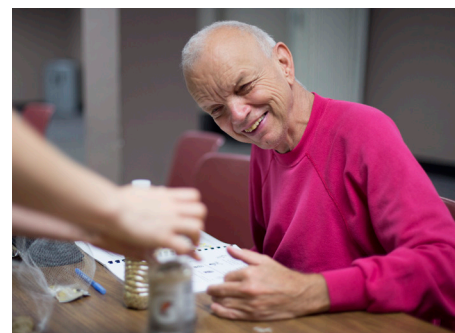


Week Twelve News

Newsletter for the exercise and nutrition health education class



We Did It!!
Congratulations on your accomplishments!
12 fantastic weeks of being healthy and FABolouS!!
We know you can keep it up! Just remember:
I Can Always Nail This!

